



VOLUNTEER PROGRAM DIVISION VOLUNTEER PHYSICAL OPTIONS



Loudoun County provides pre-placement physicals to operational volunteers. Prior to July 1, 2011 a volunteer only had the option to complete an OSHA physical. After July 1, 2011 a volunteer had the option to complete an OSHA or an NFPA physical. As of July 1, 2013 Loudoun County is offering volunteers the opportunity to complete an NFPA physical if they entered the system prior to July 1, 2011. (*FRG Admin 3.1.2*)

Per FRG Admin 3.1.2 and FRG Admin 3.1.3, new volunteers after July 1, 2011 are authorized to run in the capacity of FF and EMT if an NFPA is cleared or EMT if the OSHA is cleared. Volunteers prior to July 1, 2011 are not required to have a cleared physical on file to run in an operational capacity.

A volunteer who completes a physical and is not cleared for NFPA but cleared the OSHA physical is authorized to run as an EMT. A volunteer who does not clear an NFPA and OSHA physical is not authorized to perform operational duties. Additionally, certain training require the volunteer to pass a physical to participate.

Conditions and actions to obtain a physical

1. A volunteer who entered the system prior to July 1, 2011 has the option to request an NFPA physical. Volunteers should complete the ***Request for a physical*** form (attached) and send it to the Volunteer Program Division (VPD), vol_health@loudoun.gov, to notify Inova of the authorized physical. Volunteer programs staff will provide the volunteer the online physical appointment and password email once the station leadership authorize the physical. Not cleared results will require the volunteer to be removed from operational capacity and specific trainings requiring a cleared physical. The volunteer may take the actions to have a new physical in 12 months and after medical condition is addressed. Refer to the Not Cleared Results and Actions Process.
2. A new operational volunteer to the system is required to complete an NFPA or OSHA physical, depending on their operational status. The station's membership coordinator will facilitate the physical with Volunteer Programs Staff. Refer to FRG 3.1.2 and FRG 3.1.3.
3. A volunteer who requested and passed an OSHA physical after July 1, 2011 may request an NFPA physical. Volunteers should complete the ***Request for a physical*** form (attached) and send it to the Volunteer Program Division (VPD), vol_health@loudoun.gov, to notify Inova of the authorized physical. Volunteer



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programs staff will provide the volunteer the online physical appointment and password email once the station leadership authorize the physical. Not cleared results will require the volunteer to be removed from operational capacity and specific trainings requiring a cleared physical. The volunteer may take the actions to have a new physical in 12 months and after medical condition is addressed. Refer to the Not Cleared Results and Actions Process.

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5. A volunteer who leaves the system and re-joins will be required to complete a new physical as a new operational volunteer. The station's membership coordinator will facilitate the physical request.
6. A volunteer who transfer from one Loudoun County agency to another, without a break in service, is not required to complete a new physical. The volunteer should send an email authorization to the volunteer program division vol_health@loudoun.gov requesting to share their physical results with the new agency.
7. A volunteer who transfers from an outside fire-rescue agency from a career or volunteer fire-rescue capacity will be required to complete a full or partial physical depending on the documentation received. The station's membership coordinator will provide the VPD the prospective volunteer's contact information and the VPD will facility the required physical.
8. Volunteers may request and receive annual NFPA physicals. Volunteers should complete the **Request for a physical** form (attached) and send it to the Volunteer Program Division (VPD), vol_health@loudoun.gov, to notify Inova of the authorized physical. Volunteer programs staff will provide the volunteer the online physical appointment email and password once the station leadership authorize the physical. Not cleared results will require the volunteer to be removed from operational capacity and specific trainings requiring a cleared physical. The volunteer may take the actions to have a new physical in 12 months and after medical condition is addressed. Refer to the Not Cleared Results and Actions Process.
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Unless injured and a return to duty physical is required, a volunteer is authorized for only one successfully cleared NFPA physical during their continuous volunteer participation.



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Request for a Physical

Required for volunteers who joined the system prior to July 1, 2011, are currently active in the system and voluntarily requesting an additional physical.

I am requesting an NFPA 1582 physical. I understand that:

1. Should I fail the NFPA 1582 physical then I will not be permitted to continue in an operational capacity as a Firefighter for at least twelve months **and** I clear a new physical. Refer to the Not Cleared Results and Actions Process.
2. Should I fail the NFPA 1582 and pass the OSHA portion then I may be cleared for operational EMT duties only.
3. Should I fail the NFPA and fail the OSHA then I will not be permitted to continue in an operational capacity as a Firefighter and EMT for at least twelve months and I clear a new physical. Refer to the Not Cleared Results and Actions Process.
4. My station officers and the training division will be notified of my results.

Print Name

Station

Email address

Phone number

Signature

Date

Chief or President's Signature

Date

Fax the completed form to Volunteer Program Division Coordinator 703.737.8358 or email:
vol_health@loudoun.gov . Phone 703.777.0333

LCFR Volunteer Program Division
November 1, 2015